



Would you like to be a part the friendship group for over 50s?
Meet new friends, activities, games, crafts and much more!

If you would like to know more about this group please ask at reception or call 0161 212 5700

Friendship Group For Over 50s



Energise Centre
Live life to the full

(Suggested 50p donation)

Every Tuesday
12pm-2pm

Term Time Only

Energise Centre
Live life to the full

The Energise centre
3 Douglas Green
M6 6ES

Email: energise@thebiglifecompany.com
Web: www.energisecentre.co.uk