

Are you living with
Diabetes?

Do you need
support?

Would you like to
learn to live well?



Urinating often



Irritability



Being thirsty more often than usual



Blurry vision



Being hungry more often than usual



Wounds that won't heal



Being tired more often than usual



Numb or tingling hands or feet

Energise Centre
Live life to the full

Last Friday of every
month 1-3pm

Would you be like to be part of a new Diabetes peer support group?

Share experiences, learn more and support each other.

Monthly Group, meets the last Friday of the month 1-3pm
23rd Feb, 27th April, 25th May

Energise Centre
Live life to the full

DiABETES UK
KNOW DIABETES. FIGHT DIABETES.

SALFORD ENERGISE CENTRE
COMMUNITY GROUP

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Patron: Her Majesty The Queen

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