

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28TH	29TH	30TH	1ST	2ND
5TH Gorton Library, Gorton Hub, 27 Garratt Way, Manchester M18 8HE	6TH Stoptober Event Harpurhey Market, Church Lane, Manchester M9 5UQ (12pm - 3pm)	7TH Manchester Bangladeshi Womens Organisation, 360 Dickenson Rd, Longsight, Manchester M13 0NG	8TH No 93, 93 Church Lane, Manchester M9 5BG (11am start)	9TH
12TH Stoptober Event Gorton Hub, 27 Garratt Way, Manchester M18 8HE	13TH Newton Heath Library, 2 Old Church St, Manchester M40 2JF (Last appointment 2pm)	14TH North City Library 931 Rochdale Rd, Manchester M9 8AE	15TH The Grange, 4 Pilgrim Drive, Beswick, Manchester M11 3TQ	16TH
19TH Withington Library, 410 Wilmslow Road, Withington, Manchester M20 3BD	20TH MSV Space Manchester Hub, 125 Great Western Street, Moss Side, M14 4AW	21ST BMCA, 23 Merseybank Avenue, Manchester M21 7NT	22ND	23RD Stoptober Event Withington Library, 410 Wilmslow Rd, Manchester M20 3BD
26TH Gorton Hub, 27 Garratt Way, Manchester M18 8HE	27TH Longsight Library, 519 Stockport Road, Manchester M12 4NE	28TH Mahtsen Event, Aquarius Centre, 21 Eden Cl, Hulme, M15 6AX	29TH Benchill Community Centre, Benchill Road, Wythenshawe, Manchester M22 8EJ	30TH

- Aged 40 – 74
- Do not already have heart disease, diabetes, or kidney disease and not taking medication for high blood pressure or high cholesterol
- Registered with a Manchester GP practice
- Have not had an NHS health check in last 5 years

The health check consists of a blood pressure check, a small blood test to check cholesterol levels and diabetes risk, plus height and weight measurements. The health check takes around 30 minutes to complete, and you will receive a copy of your results during your appointment.

To book a Community NHS Health Check appointment please phone **0770 287 2861**

