BE WELL MCR

Community NHS Health Checks **November 2026**
Appointments Available 10am-3pm

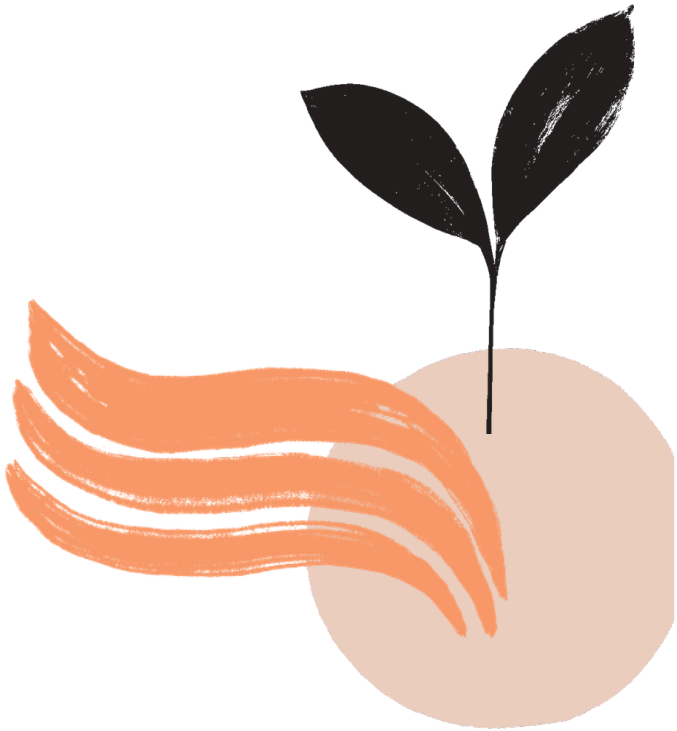
NHS HEALTH CHECK
Helping you prevent
diabetes
heart disease
kidney disease
stroke & dementia

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2ND Community Appointment Day, Wythenshawe Hospital, Southmoor Rd, Wythenshawe, Manchester M23 9LT	**3RD** Withington Community Hospital, Nell Ln, West Didsbury, Manchester M20 2LR	**4TH** Zion Community Centre, 339 Stretford Rd, Manchester M15 4ZY	**5TH** Dunstan Court, Bluestone Rd, Manchester M40 9JE	**6TH**
9TH Withington Library, 410 Wilmslow Rd, Withington, Manchester M20 3BD	**10TH** Church of the Nazarene, Wendover Rd, Manchester M23 9FN	**11TH** Forum Library, Forum Square, Wythenshawe Manchester M22 5RX	**12TH** Nuffield Health Club, Parrs Wood Entertainment Centre, East Didsbury M20 5PG	**13TH**
16TH Beswick Library, 60 Grey Mare Ln, Beswick, Manchester M11 3DQ	**17TH** MSV Space Manchester Hub, 125 Great Western Street, Moss Side, M14 4AW	**18TH** Crowcroft Park Pavillion, 38 East Rd, Longsight, Manchester M12 5QZ	**19TH** The Place at Platt Lane, Platt Lane M14 7FB	**20TH**
23RD Chorlton Library, Manchester Rd, Chorlton, Manchester M21 9PN	**24TH** No 93, 93 Church Ln, Manchester M9 5BG	**25TH** BMCA, 23 Merseybank Ave, Manchester M21 7NT	**26TH** Guidance Hub, 389 Waterloo Rd, Cheetham Hill, Manchester M8 9AB	**27TH**
30TH The Grange, 4 Pilgrim Dr, Beswick, Manchester M11 3TQ	**1ST** Welcome Centre, 18-32 Brentfield Ave, Cheetham Hill, Manchester M8 0TW	**2ND** Guidance Hub, 389 Waterloo Rd, Cheetham Hill, Manchester M8 9AB	**3RD** Dunstan Court, Bluestone Rd, Manchester M40 9JE	**4TH**

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NHS Health Check Eligibility Criteria

- **Aged 40 – 74**
- **Do not already have heart disease, diabetes, or kidney disease and not taking medication for high blood pressure or high cholesterol**
- **Registered with a Manchester GP practice**
- **Have not had an NHS health check in last 5 years**



The health check consists of a blood pressure check, a small blood test to check cholesterol levels and diabetes risk, plus height and weight measurements. The health check takes around 30 minutes to complete, and you will receive a copy of your results during your appointment.

To book a Community NHS Health Check appointment please phone **0770 287 2861**

THE BIG LIFE GROUP

To fight for equity, in health, in wealth and in life.

In partnership with Northenden Group Practice

MANCHESTER CITY COUNCIL

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diabetes
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