



Job Description: Qualified Psychological Wellbeing Practitioner

Responsible to	Clinical Locality Manager/Team Leader
Salary	NHS B5 + 2yrs (fixed point) £32,324
Hours	37.5
Job Family and Level	Mental Health Case Worker Level 2
Annual Leave	25 (rising to 30 days after 5 years)
Based	Oakland house Old Trafford – Manchester Based. Hybrid working – Home working and community venues across Manchester.

Main Aims of the Post

Responsibilities are to provide disorder specific assessments and evidence-based low intensity interventions for people with anxiety disorders and/or depression. Offer a wide range of treatments, including telephone and online treatment. You will:

- Manage a varied case load of clients.
- Provide assessment and Low intensity interventions to clients drawing from CBT theories and techniques. This work may be face to face, telephone, group, or via other media.
- Deliver a range of evidence based one-to-one or group interventions.
- Support events within the community.
- Promote the service, and where necessary to generate referrals.

Main duties

1	To use a range of evidence-based tools and techniques for assessments, goals and motivating clients.
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2	To manage a varied caseload of clients.
3	To work with groups of clients to help them achieve their goals.
4	To collate and analyse performance data as necessary.
5	To refer and liaise with other service providers by working in a place-based way. You will achieve this through developing effective relationships with a range of internal and external services and agencies.
6	To promote the service to communities and agencies as appropriate.
7	To keep accurate and up to date client records and regularly monitor outcomes and progress.
8	To ensure quality standards are adhered to and met and that audits are passed.
9	To ensure all statutory responsibilities are followed and reported as required.
10	Ensure the maintenance of standards of practice according to SHS and any relevant regulation (e.g. BABCP Code of Ethics) and keep up to date on new recommendations/guidelines set by the department of health (e.g. NHS plan, National Service Framework, National Institute for Clinical Excellence).

General Work-Related Expectations	
1	To work within The Big Life group's values, ethos and vision.
2	To contribute to the development of The Big Life group
3	To work in accordance with all policies and procedures of The Big Life group
4	To identify and attend training as required
5	To work in accordance with all relevant legislation
6	To undergo regular one to one meetings and an annual review
7	To undertake any other duties as required, appropriate to the post

Person Specification: Qualified Psychological Wellbeing Practitioner

The successful candidate will be able to demonstrate that they meet all the following points.

		Method of Assessment
Employment experience		
1.1	Experience of working with people facing a range of barriers and social issues	A/I/P
1.2	Experience of managing a caseload of clients and keeping up to date records using a database	A/I
1.3	Experience of working with individuals (1-2-1) and groups of people in different settings to help them achieve their goals	A/I
1.4	Experience of working with a range of agencies and organisations to develop effective working relationships	A/I
1.5	Experience in one or more of the following fields: mental health, family support, physical health, smoking cessation, diet and exercise, employment, social inclusion or debt management	A/I
1.6	Experience of providing clinical interventions for common mental health problems	A/I
Educational Background/Training		
2.1	Qualified Psychological Wellbeing Practitioner: Psychological wellbeing practitioner Health Careers Have completed a BPS accredited PWP course & eligible for registration with the BABCP or BPS.	A/I
Knowledge		
3.1	Knowledge of the barriers and issues facing our client group	A/I
3.2	Knowledge of the local area your service is based in (community groups, services available as well as local demographics)	A/I
Skills		
4.1	Ability to use a database/ability to learn how to use a database	A/I/T
4.2	Ability to assist clients to help them define and achieve their goals and aspirations	A/I

4.3	Ability to manage a varied and complex workload effectively	A/I
4.4	Ability to work well across a range of different subject areas such as housing, mental health, education and debt management for example	A/I
4.5	Ability to work with staff from a range of agencies and organisations to better integrate services for clients	A/I
Personal		
5.1	Positive outlook and a 'can do' attitude	A/I
5.2	Personal resilience and flexible attitude in the face of difficulties	A/I
5.3	Commitment to working towards the Big Life group's ethos and values, including having a non-judgemental approach	A/I
5.4	Commitment to personal development and willingness to regularly update skills and experience	A/I

Key: A = Application Form, Interview = I, T = Test, P = Presentation