

# Smoke Screen Smokers' Group



Are you a smoker?

Are you unhappy with your smoking habits?

Join our new weekly group at the Energise  
Centre.

Chat, guidance and support to help you give  
up smoking.

**Energise Centre**  
Live life to the full

Thursdays (term time only)

Starting 19<sup>th</sup> April – 24<sup>th</sup> May 2018

13.00-14.00



Find us on  
Facebook

[www.facebook.com/energiseandwillowtree](http://www.facebook.com/energiseandwillowtree)



[www.twitter.com/EnergiseCentre](http://www.twitter.com/EnergiseCentre)

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Live life to the full

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