

Would you like to get your blood pressure checked locally?

The **Health Improvement Service** are offering **FREE**

NHS Health Checks

(Blood pressure, Cholesterol, Pulse and BMI)

(**Eligibility:** 40 to 74 years, Salford GP, not had an NHS Health Check in last 5 years and not being treated for heart disease, diabetes, kidney disease, high blood pressure or cholesterol or had a stroke)

Upcoming dates:

Thurs 26th April 10am-12pm

Weds 16th May 2pm- 4pm

Tues 12th June 1pm- 3pm

At the Energise Centre, 3 Douglas Green, Salford, M6 6ES

Checks last approximately 30 minutes and appointment slots can be booked by phoning Health Improvement on 0800 952 1000.

Energise Centre
Live life to the full

Would you like to get your Cholesterol checked locally?

The **Health Improvement Service** are offering **FREE**

NHS Health Checks

(Blood pressure, Cholesterol, Pulse and BMI)

(**Eligibility:** 40 to 74 years, Salford GP, not had an NHS Health Check in last 5 years and not being treated for heart disease, diabetes, kidney disease, high blood pressure or cholesterol or had a stroke)

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