

Are you living with  
Diabetes?

Do you need  
support?

Would you like to  
learn to live well?



Urinating often



Irritability



Being thirsty more often than usual



Blurry vision



Being hungry more often than usual



Wounds that won't heal



Being tired more often than usual



Numb or tingling hands or feet

**Energise Centre**  
Live life to the full

Starts Friday 27<sup>th</sup> Oct  
1-3pm

Would you be like to be part of a new Diabetes peer support group?

Share experiences, learn more and support each other.

Monthly Group, meets the last Friday of the month 1-3pm  
**27<sup>th</sup> Oct, 24<sup>th</sup> Nov, 29<sup>th</sup> Dec 2017**

**Energise Centre**  
Live life to the full

**DiABETES UK**  
KNOW DIABETES. FIGHT DIABETES.

SALFORD ENERGISE CENTRE  
COMMUNITY GROUP



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**Patron: Her Majesty The Queen**

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