

Job Description

Qualified Psychological Wellbeing Practitioner

Responsible to	Service Manager
Salary	NHS band 5, fixed point 4 - £26,970 – pro rata
Hours per week	30 and 37.5 hours per week
Annual Leave per annum	25 (rising to 30 days after 5 years)
Main base	Lock 50, Oldham Road, Rochdale, OL16 5RD
Contract	Permanent
Level of DBS check	Enhanced

Main aims of the post
<p>To manage a case load of clients. Provide assessment and low intensity interventions to clients drawing from CBT theories and techniques. This work may be face to face, telephone, group, or via other media. To deliver a range of evidence based one-to-one or group interventions. To support events within the community. To promote the service, and where necessary to generate referrals.</p>

Main duties of the post
1. To use a range of evidence based tools and techniques for assessments, goals and motivating clients
2. To manage a varied caseload of clients
3. To work with groups of clients to help them achieve their goals
4. To collate and analyse performance data as necessary
5. To develop effective relationships with a range of external organisations and agencies
6. To promote the service to communities and agencies as appropriate
7. To keep accurate and up to date records of clients records
8. To ensure quality standards are adhered to and met and that audits are passed
9. To ensure all statutory responsibilities are followed and reported as required
10. Ensure the maintenance of standards of practice according to SHS and any relevant regulation (e.g. BABCP Code of Ethics) and keep up to date on new recommendations/guidelines set by the department of health (e.g. NHS plan, National Service Framework, National Institute for Clinical Excellence).

General work related expectations
1. To work within the Big Life group's values ethos and vision
2. To contribute to the development of the Big Life group
3. To work in accordance with all policies and procedures of the Big Life group, particularly (but not exclusively) Health and Safety; Information Governance and Safeguarding
4. To commit to own personal development and attend training or development activities as required
5. To work in accordance with all relevant legislation

- | |
|--|
| 6. To undergo regular supervision and at least an annual appraisal |
| 7. To undertake any other duties as required, and as appropriate to the post |

Minimum Training required for this post

Course title	Needed for this post	Frequency	Other notes
Group induction	✓	Once	
Mission and Values	✓	Once	
Confident Managers			
Safeguarding training Adults and Children	✓	Every 3 years	
Safeguarding for Managers			
Designated Safeguarding Lead Training			
Health and Safety (external IOSH)	♦	Every 3 years	Potentially dependant on team size
Motivational Interviewing	✓	Once	
Health and Safety internal/briefing	✓	Annual	
Information Governance	✓	Once	Annual refresh
Equality and Diversity	✓	Every 3 years	Updates as legislation changes

Attendance at other training courses will need to be discussed with your line manager

Suggested courses:

- Lone working
- Managing professional boundaries
- Managing challenging behaviour
- Managing conflict

Person Specification

Qualified Psychological Wellbeing Practitioner

The successful candidate must be able to demonstrate that they meet all of the following points below.

Key – Method of Assessment; A = Application form; I = Interview; T= Test; P= Presentation

Area	Method of assessment
1.Experience	
a. Experience of working with people facing a range of barriers and social issues	A/I/P
b. Experience of managing a caseload of clients and keeping up to date records using a database	A/I
c. Experience of working with individuals (1-2-1) and groups of people in different settings to help them achieve their goals	A/I
d. Experience of working with a range of agencies and organisations to develop effective working relationships	A/I
e. Experience in one or more of the following fields: mental health, family support, physical health, smoking cessation, diet and exercise, employment, social inclusion or debt management	A/I
f. Experience of providing clinical interventions for common mental health problems	A/I
2.Skills	
a. Ability to use a database/ability to learn how to use a database	A/I/T
b. Ability to assist clients to help them define and achieve their goals and aspirations	A/I
c. Ability to manage a varied and complex work load effectively	A/I
d. Ability to work well across a range of different subject areas such as housing, mental health, education and debt management for example	A/I
e. Ability to work with staff from a range of agencies and organisations to better integrate services for clients	A/I
3.Knowledge	
a. Knowledge of the barriers and issues facing our client group	A/I
b. Knowledge of the local area your service is based in (community groups, services available as well as local demographics)	A/I

4. Education – qualifications required for this post	
a. Qualified Psychological wellbeing practitioner	A/I
b.	A/I
5. Personal	
a. Positive outlook and a 'can do' attitude	A/I
b. Personal resilience and flexible attitude in the face of difficulties	A/I
c. Commitment to working towards the Big Life group's ethos and values, including having a non-judgemental approach	A/I
d. Commitment to personal development and willingness to regularly update skills and experience	A/I