



TheBigBoat
A Healthy Living
Centre on Water

The
BIG BOAT

Welcome to The Big Boat

Cruising five different routes along the Peak Forest and Macclesfield Canals, **The Big Boat** is an innovative space which provides an alternative venue for wellbeing services and training and employment opportunities to be delivered to people across Stockport, all within the tranquillity of canal life.

The Big Boat offers space for a range of wellbeing services, from introduction to complementary therapies, relaxation and meditation courses, to art and craft sessions like rag rugging, floristry and sketching.

Why not use the boat to deliver:

- A Floating Sanctuary
- A Water Arts Project
- A Float Project teaching basic fishing skills
- “Reel into a Job” sharing practical skills, while studying the ecology of local rivers and canals
- Canal Arts and Crafts

Wellbeing on Water

Catering for groups of up to 12 when cruising or 18 when moored, the purpose built 70ft long cruiser has:

- An equipped galley kitchen
- Built in sound and media system
- OHP facilities
- Central heating
- Colour changing LED lighting
- Disabled access and toilet

There's also the chance to train as a skipper or become a boat volunteer.

An Alternative Venue

The Big Boat is available to hire for the day, weekend or full week and is fully skippered. So whether you're a community group looking to deliver services somewhere new, a walking group wanting a base for lunch, a school looking for an alternative classroom, or a business wanting a different meeting space, why not get in touch? With no itinerary, you can set sail to your own agenda or let us plan a route to fill your day. Please contact us for hire prices.

Why Deliver Services from The Big Boat?

- Peace and tranquility
- Flexibility of location by mooring at different places
- Purpose built for service delivery
- A therapeutic atmosphere induced by the canal and waterways



For a booking form, timetable of services and more information
call 07722 873 957 / 0161 455 0215 or email
bigboat@thelbiglifecompany.com
www.bigboatwellbeing.com

See back cover for details of where to find us

Where to Find The Big Boat

The **Big Boat** is moored at Lord Vernon's Wharf in Higher Poynton, near Stockport, but is available to pick up groups along the local canal route. Please contact us for details.



The **Big Boat** is a **Big Life** centre, a registered charity (no.1062333) and company limited by guarantee ...a **Big Life** charity.



STOCKPORT
METROPOLITAN BOROUGH COUNCIL

The
BigLife
group
business changing lives