



MEDIA RELEASE

7th March 2011

GRIMSBY WOMEN START GROUP TO LIVE WITH CHILDLESSNESS

A group of women in Grimsby have approached Open Door, a local health and social care organisation, to start a women's group for women living with childlessness through infertility.

The group, which starts on 16th March, will provide a place for women to get support from each other, share experiences and discuss positive ways to live with childlessness.

Anne Taylor, Executive Director at Open Door said, "We are delighted to be able to support this group which is being set up at the request of some of our service users.

"The group has been developed because the national support group for childless women is more geared towards those who choose not to have children rather than those who cannot through health issues. The group will aim to look at the positive elements of not having children because of infertility. We also want to look at possible coping strategies such as relaxation techniques and holistic therapies".

"We are always keen to listen to the needs of those who use our service and to support those who feel marginalised within society."

The free drop-in group will run on a monthly basis, with the first session on Wednesday 16th of March at 6.30pm at Open Door, 13 Hainton Avenue, Grimsby.

For more information about the group please call 01472 722 000

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For press and media information please contact Mitha Bleasdale on sushmithableasdale@thebiglifecompany.com or 0161 848 2425

Notes to Editors:

Open Door provides a range of health and social care services to people across Grimsby. This includes a GP service from The Surgery and a range of health and social care services from it's building on Hainton Avenue.

Open Door is part of The Big Life group of social businesses and charities.